The 2023 ITUC Global Rights Index depicts the world’s worst countries for workers by rating 149 countries on a scale of 1-5+ based on the degree of respect for workers’ rights, with 1 being the best rating and 5+ being the worst. Violations are recorded each year from April to March. Each country is analysed against a list of 97 indicators derived from ILO conventions and jurisprudence. The index represents violations of workers’ rights in both law and practice.