The 2022 ITUC Global Rights Index depicts the world’s worst countries for workers by rating 148 countries on a scale from 1-5+, based on the degree of respect for workers’ rights, with 1 being the best rating and 5+ the worst rating.

Violations are recorded each year from April to March. Each country is analysed against a list of 97 indicators derived from ILO conventions and jurisprudence. The Index represents violations of workers’ rights in law and practice.